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## Further information

Grateful thanks are due to the organisations below that gave permission to reproduce the case studies in this volume. They each have informative websites which contain much more useful knowledge on work/ life balance: guidelines to employers, national legal rights of employees, employer of the year award schemes, draft policies and research reports.

Organisation	URL
Irish Work Life Balance (ROI)	<a href="http://www.worklifebalance.ie/index.asp">http://www.worklifebalance.ie/index.asp</a>
Trades Union Congress (UK)	<a href="http://www.tuc.org.uk/work_life/index.cfm?mins=468">http://www.tuc.org.uk/work_life/index.cfm?mins=468</a>
Working Families (UK)	<a href="http://www.workingfamilies.org.uk/asp/home_zone/m_welcome.asp">http://www.workingfamilies.org.uk/asp/home_zone/m_welcome.asp</a>